



www.racethroughpoland.pl

racethroughpoland@gmail.com

INFOPACK 2019

INTRODUCTION

Race Through Poland (RTP2019) is a long-distance cycling race created to fill the pre-season void. We are inspired by such events as The Transcontinental Race, Normandicat, Three Peaks Bike Race and The TransAtlanticWay Race. We miss all of them very much when winter is long outside the window. This is the second edition of the race, which was created only from passion for cycling, overcoming difficulties and above all the willingness to share this pleasure with others. This initiative is and will always remain entirely non-profit, which unfortunately does not mean that it is cost-free, so we ask for your understanding if for any reason we will not be able to 100% meet your expectations as participants. We all do it after hours, without any pay, often sacrificing time for family and friends. If you have any suggestions, comments, ideas that could somehow help us in organizing this event, write to us. The following guidebook contains everything necessary to make an informed decision about the start of Race Through Poland 2019.

RULES

1. We do not negotiate rules
2. Stay self-supported i.e. cycling without support from outside and inside the race.

This means:

- no transshipment or accommodation points organized earlier than after the start;
- no help from friends or family on the route;

ATTENTION! If family or friends want to see you live and cheer, it's best if they do it at one of the race checkpoints. Of course, they can do it anywhere, however, one should take into account the possible accusation of getting help and be prepared to refute the charges.

- no hiding behind a car, tractor or any other vehicle or player (so-called no drafting);
- no service car, cycling team, etc .;
- no subway, public and domestic transport etc .;

ATTENTION! If for any reason you had to use a vehicle other than your bike (eg to get to Kajak Custom because the frame broke in half, and only he can fix it) it is important that you go back to the place where you broke before you went on your bike

- what counts is what you can get / do yourself in the environment around you, using only commercially available services;

ATTENTION! If you drive past your home, friends' house or family, you can not enter it. It is best not to stop in the area because it can be suspicious to other riders.

- no requests for help using social media.
- no help between riders

ATTENTION! If you meet a rider who will ask you for help and you have a good heart and you want to help him, you can continue the race, but you will not be classified as a solo category. If you want to go solo, ask a rider asking for help if he wants to give up the place in the general classification. If so, then you can help him with a clear conscience.

ATTENTION! Helping another rider in situations threatening his health or life is not subjected to any discussion. Just do it.

ATTENTION! Pair riders racing together: they can help each other, they can give each other change, etc. The pair is treated like one individual unit;

- you must not give up your equipment in order to pass a given checkpoint on a lighter bicycle.

ATTENTION! Removing all panniers just to go to Pradziad is not allowed and is not consistent with the idea of self-sufficiency.

3. Free route and total independence in choosing the route.

It is you who decide which way you are going to pass the next checkpoints of the race. This rule is unique, and the only thing you get from us are the starting points, finish line and four control points that you have to pass before the end. Checkpoints can have their access restrictions, opening hours etc, which is why this principle is so important. Many people accuse this form of the danger of choosing the wrong or dangerous roads by riders. We, however, assume that each participant is an adult, independent, aware and above all experienced participant of public roads and is completely able to assess whether the route he chooses is safe enough to ride a bicycle.

Riders are bound by the list of prohibited roads, described below in the PROHIBITED ROAD section. However, it may happen that at any time of preparation or duration of the race, we will be forced to impose restrictions or prohibitions on the use of additional, specific sections of public roads. In each case of this type, we will inform you as soon as possible.

4. We drive in accordance with the law, that is zero tolerance to breaking the law.

Forbidden sign to ride a bike on a given road means exactly what it means and if you are noticed doing that, you will be added a penalty time to the final results of the race. It is obvious that driving on express roads or motorways is also not allowed. If you are noticed on such roads, you will be automatically disqualified. Additionally, during the race and at every moment

of its preparation, we reserve the right to impose restrictions or prohibitions on the use of specific sections of public roads, despite the fact that they will legally be available for bicycles.

5. Security rules, i.e.

- no helmet, no race, i.e. properly installed and fastened bicycle helmets are mandatory during the whole race;
- riding at night requires wearing a vest, a wristband or any other form of reflection;
- bicycles must be technically checked for visibility and safe riding;
- we require two operating and energy independent lighting sources, both at the front and at the back of the bicycle;
- each participant will be required to indicate an adult person closest to him, responsible for his (participant's) safety during the race;

ATTENTION! This person will be required to write a statement that he/she is aware of his obligation.

- each rider will be required to provide proper insurance.

6. Organizer.

The initiator of the event is Paweł Puławski. Practically, however, each rider is the organizer of the race himself and takes full responsibility for his / her journey. It may turn out that there will be no one at the finish line, and the control points will no longer be active. It may turn out that the initiators will not be able to, or want to help the player with water on the point. It may turn out that we will not be able to help the player who has broken the frame in the middle of the forest or, worse, had a collision with anything. This is your race and you organize your own start in it. When starting in Race Through Poland, you must be prepared for every possible circumstance. We as the initiators provide only a GPS transmitter, a route to overcome, online tracking service, a small starter package and a party at the end of the race.

We do not have a dedicated service car. We will not be able to come, help and take the rider off the route if he decides to resign. We do not know yet whether prizes are waiting for the winners. It may turn out that it will not be. We offer you the form of a race in which you take part completely on your own responsibility and willingly, agreeing to it under the pain of which is only entering you or not on the list of official results. What does it mean? It means only that we are not able to stop any of the participants at any time during the race for breaking any of the above rules, because we can not prohibit a man to ride a bike around Poland. Disqualification in our understanding will mean only not including the participant in the final classification. In such cases, we have no obligation and we will not inform individual participants individually. The worst part is that you will know about it only at the finish line. Each rider will be required to write a statement that he is the organizer of his race and that he starts in his own free will and on his own responsibility, fully aware that starting in this race is dangerous and may endanger the health or even the lives of its participants.

ROUTE

RTP2019 does not have a predetermined route. This is primarily START / FINISH and CONTROL POINTS that you must visit in the right order. Checkpoints will be staffed up by people and you will be required to get the stamp in the appropriate place on your card, confirming your presence. Each checkpoint and finish will have a specific closing time. After its expiration you will be obliged to prove your presence yourself (receipt, photo, etc.). In addition to the four checkpoints, you will be required to ride the mandatory rounds around all checkpoints, start and finish, according to the GPX track provided.

ATTENTION! It's up to you to prove the route you've covered. If for some reason the GPS transmitter that you will be equipped with will not work, you will have to be prepared for a different type of proof (eg, recording the ride on your own recording device, video recording, etc.)

ATTENTION! If for any reason the mandatory section of the RTP2019 route will be closed (road works, accident, etc.), it is your responsibility to find the nearest possible detour with the option of quickly returning to the obligatory route of the race.

CONTROL POINTS RTP2019

00

DFR START

11.05.2019, 16:00

Hala Stulecia, Wystawowa 1, 51-618 Wrocław

Obligatory round: <https://ridewithgps.com/routes/28913320>

01 MACTRONIC STOG IZERSKI

Schronisko PTTK „Na Stogu Izerskim”, 59-980 Świeradów Zdrój

Obligatory round: <https://ridewithgps.com/routes/28834596>

Closing time: 12.05.2019, 09:00

02 BIKEDAYS PRADZIAD

Vysílač Praděd, Malá Morávka 38, 793 24 Karlova Studánka

Obligatory round: <https://ridewithgps.com/routes/28619527>

Closing time: 13.05.2019, 16:00

03 HULTAJ SCHRONISKO TRZY KORONY

Schronisko PTTK Trzy Korony, Sobczańska 91, 34-443 Sromowce Niżne

Obligatory round: <https://ridewithgps.com/routes/28826869>

Closing time: 15.05.2019, 09:00

04 PANATO OJCÓW

Dom Wycieczkowy PTTK Zosia w Ojcowie, Ojców 4, 32-047 Ojców

Obligatory round: <https://ridewithgps.com/routes/28831191>

Closing time: 15.05.2019, 18:00

05 SZOSA META

Hala Stulecia, Wystawowa 1, 51-618 Wrocław

Obligatory round: <https://ridewithgps.com/routes/28836098>

Closing time/riders party: 16.05.2019, 18:00

PROHIBITED ROADS

During RTP2019, it is forbidden to use all Polish national roads (the so-called red roads). Additionally, it is forbidden to use all single and two-digit national roads in the Czech Republic and Slovakia.

There are two exceptions to this prohibition:

- sections of national roads through which an obligatory gpx track leads
- sections of national roads not longer than 1 km, which we use only as a link between two neighboring access roads to a given national road.

IMPORTANT! If for any reason there are doubts as to your compliance with this prohibition, it is your responsibility to have proof that you comply with this policy. So if you are approaching the national road, go along, cut it, or whatever it is, have a camera, an additional track record or other form of recording, etc. We usually adhere to the principle of absolute trust, but if any of the participants reports to us, that another participant broke this rule, we will have to be consistent and require proof of passage in accordance with the rules.

ATTENTION! If there is a "bike path" on the sidewalk of the national road or there is a "bicycle lane" on it, it is still a national road, and the rules of prohibiting the use of it do not change in this case.

REGISTRATION

Registrations for RTP2019 are held electronically by completing the form available on the event website www.racethroughpoland.pl and will start on November 18, 2018 from 16:00 until the limit is reached. After completing the form, each participant will receive confirmation of the application.

To guarantee a place on the starting list, a deposit of ½ of the entry fee will be required to the indicated bank account. The second half will be required in February 2019.

ENTRY FEE

The entry fee for RTP2019 is currently PLN 250. It contains:

- a place on the RTP2019 start list
- a small starter pack (a starter cap and something more)
- a GPS transmitter for the duration of the race and a tracking service
- a riders party at the end of the race

In the case of resignation from the place, less the registration fee (5%), it is returned to the participant's account. ATTENTION! After 28.02.2019, paid entry fees are treated as non-returnable.

SOMETHING ELSE?

We hope that we will be able to awaken in us all the spirit of travel and adventures and create a positive and public event full of positive emotions. You do not have to be a professional ultra-athlete to take on this challenge, but you must be aware of what you are doing. There are many other and equally interesting cycling races, secured, with a service car, a closed route, etc. Consider seriously before making the final decision, because this race can completely change your life. It is really enough that you love to travel by bike.

The most beautiful thing about this race is, that to win it, you do not have to be really first at the finish line, although it is certainly a very nice feeling. Who knows, maybe it will be just the beginning, your long-distance adventure.

Piko

e-mail: racethroughpoland@gmail.com facebook:

<https://www.facebook.com/racethroughpoland/> Instagram: [racethroughpoland](https://www.instagram.com/racethroughpoland) www:
racethroughpoland.pl